

Katerina Pruiti

As Student Wellbeing Officer, I am here to support the wellbeing of students, staff and parents/caregivers. I provide a safe place for those who need someone to talk to and connect people with resources that can support them.

I hold a Bachelor of Psychology, have three children and have lived in Maylands for 20 years.

Please don't hesitate to contact me if you would like to chat, or if you feel a student may benefit from a listening ear, some support or encouragement.



Contact Details

Contact Katerina by emailing Katerina.pruiti@guest.education.wa.edu.au or by calling 9462 6700.

Leave a note in the Student Wellbeing Officer box located in the school library.

Speak to a teacher or other school staff.

See Katerina in the playground during recess and lunch.

Maylands Peninsula
PRIMARY SCHOOL



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**Student
Wellbeing
Officer**

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Importance of Wellbeing

Wellbeing is important at school because schools have an essential role to play in supporting students to make healthy lifestyle choices and understand the effects of their choices on their health and wellbeing. Childhood and adolescence is a critical period in the development of long-term attitudes towards personal wellbeing and lifestyle choices. The social and emotional skills, knowledge and behaviours that young people learn in the classroom help them build resilience and set the pattern for how they will manage their physical and mental health throughout their lives.

Student Wellbeing Officer

Student wellbeing is an integral part of the student and family support available at Maylands Peninsula Primary School.

The Student Wellbeing Officer assists the school community by supporting the mental and emotional wellbeing of students, staff and families. This includes providing pastoral care, strengthening values, and enhancing engagement with the broader community.

The Student Wellbeing Officer is trained to:

- Help children develop problem solving skills, social skills, and coping skills.**
- Provide support for those going through difficult situations.**
- Provide referrals to external agencies when necessary.**

Confidentiality

The Student Wellbeing Officer respects the various beliefs of our wonderfully diverse school community. They are bound by confidentiality, and will not share information without the consent of the other person, unless there are compelling ethical or legal grounds to do so.

